

# FAMILY FIRST CHIROPRACTIC & WELLNESS

## TEENAGER'S HEALTH HISTORY FORM

### PERSONAL DATA

Today's Date \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Parent's names \_\_\_\_\_

Home Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home phone (\_\_\_\_) \_\_\_\_\_ Business Phone (\_\_\_\_) \_\_\_\_\_

Cell Phone (\_\_\_\_) \_\_\_\_\_ E-mail address \_\_\_\_\_

Parent's occupation \_\_\_\_\_

Business Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

SS# (opt'l) \_\_\_\_\_ Emergency contact \_\_\_\_\_

Names and ages of teenager's siblings if he/she has any \_\_\_\_\_

Whom may we thank for referring you to our office? \_\_\_\_\_

### REASON FOR SEEKING CHIROPRACTIC CARE

How do you think we may help be able to help you or your teenager? \_\_\_\_\_

Are these concerns affecting you or your teenager's activities of daily living? (Circle Y to those that apply)

Eating:	Y	N	Sleep:	Y	N	Running:	Y	N
School:	Y	N	Walking:	Y	N	Sitting:	Y	N
Exercise/sports:	Y	N	Relationships:	Y	N	Other:	_____	

### PREVIOUS CHIROPRACTIC CARE

Have you or your teenager ever received Chiropractic care?  Y  N Name of D.C. \_\_\_\_\_

How long under care?  \_\_\_\_\_ days  \_\_\_\_\_ weeks  \_\_\_\_\_ months  \_\_\_\_\_ years

Date of last visit: \_\_\_\_\_

### FOR THE TEENAGER

#### Tell us about YOU.

Are you an athlete?  Y  N If yes, what sport(s) \_\_\_\_\_

Have you played this sport or have you ever played a sport? For how long? \_\_\_\_\_

Do you remember ever getting hurt playing this sport?  Y  N If yes, tell us when and describe the injury.

\_\_\_\_\_  
\_\_\_\_\_

## TELL US MORE

Are you in the school band?  Y  N If yes, what instrument do you play? \_\_\_\_\_

Have you had any accidents or injuries in your life related to any of the following? (Check all that apply.)

Automobile  Motorcycle  Bicycle  Playground

If you have checked any of the above, please state the **type of injury and date**:

\_\_\_\_\_  
\_\_\_\_\_

Have you ever hurt, broken, fractured or sprained any bones or joints?  Y  N

If yes, list body parts injured and dates if not already listed above: \_\_\_\_\_

\_\_\_\_\_

Have you ever been hospitalized?  Y  N

If yes, tell us the dates and reasons if not already listed above: \_\_\_\_\_

## FOR PARENTS

The following questions pertain to **at any point in the patient's life** did any of these occur.

**As a baby or toddler, did any of the following occur to your teenager?**

<input type="checkbox"/> fall from a changing table	<input type="checkbox"/> frequent crying spells	<input type="checkbox"/> frequent fevers
<input type="checkbox"/> tumble from stair	<input type="checkbox"/> fall out of crib	<input type="checkbox"/> frequent bouts of diarrhea
<input type="checkbox"/> involved in car accident	<input type="checkbox"/> constipation	<input type="checkbox"/> sleeping problems
<input type="checkbox"/> play in jumper	<input type="checkbox"/> frequent colds	<input type="checkbox"/> colic
<input type="checkbox"/> tonsillitis	<input type="checkbox"/> fall off playground equipment	<input type="checkbox"/> did not gain weight
<input type="checkbox"/> reaction to vaccination	<input type="checkbox"/> other _____	

Explain any of the above if needed: \_\_\_\_\_

\_\_\_\_\_

Has your teenager ever had any vaccinations? \_\_\_\_\_

Did your teenager ever have any reactions to any vaccinations? \_\_\_\_\_

**Has your teenager ever experienced any of the following?**

<input type="checkbox"/> headaches	<input type="checkbox"/> numbness in arm/hands	<input type="checkbox"/> foot/ankle/knee pains
<input type="checkbox"/> dizziness	<input type="checkbox"/> arm/wrist pains	<input type="checkbox"/> tingling in arms/legs
<input type="checkbox"/> ringing in ears	<input type="checkbox"/> sleeping problems	<input type="checkbox"/> neck/back pain
<input type="checkbox"/> asthma	<input type="checkbox"/> allergies	<input type="checkbox"/> shoulder pains
<input type="checkbox"/> hyperactivity	<input type="checkbox"/> stomach problems	<input type="checkbox"/> growing pains
<input type="checkbox"/> fatigue	<input type="checkbox"/> weight gain or loss	<input type="checkbox"/> other _____

Which of the above that you checked would you consider the worst? \_\_\_\_\_

\_\_\_\_\_

Do any of the following still occur? \_\_\_\_\_

If yes, list which ones. \_\_\_\_\_

Is this condition:  constant  intermittent  occasional  cyclic

## QUALITY OF LIFE

When this condition is at its worst, how does it make your teenager feel? \_\_\_\_\_

Is there anything you have done for your teenager regarding this condition that has NOT worked? \_\_\_\_\_

Describe any hospital or emergency room stays? \_\_\_\_\_

Approximately how many times have antibiotics been prescribed for your teenager and for what conditions? \_\_\_\_\_

List any medications your teenager is currently taking: \_\_\_\_\_

Is there anything else you think we should know about your teenager? \_\_\_\_\_

## EXPECTATIONS

I would like to have the following benefits for my teenager from **Chiropractic Care**: (Check all that apply)

- Relief of a symptom or problem
- Relief and prevention of a symptom or problem
- Healthier spine and nerve system
- Optimal health on all levels

## YOUR INFORMED CONSENT

The information I have provided on this case history form, is true and accurate to the best of my knowledge. Although Chiropractic is reported to be the safest health care system in the world, some say there are very slight risks associated with it. We feel that it is responsible to let you know: 1. While extremely rare, there have been reports of ligament sprains, and even rib fractures reported; 2. There have been rare reports of disc injuries although no clinical scientific study has ever demonstrated chiropractic care to be the cause. Chiropractic care has been proven to be both, clinically and cost effective. The risk of injuries and complications is so small that chiropractors carry the lowest malpractice insurance premiums of all the health care professions in the world. Compared to traditional medical/drug/surgical care, which has a yearly death rate of approximately 200,000 people in North America, Chiropractic is your safest health care system.

I have read and understand the above consent, and have had the opportunity to discuss it with my chiropractor. I have been informed and fully understand that Chiropractic care is not a treatment of any disease or condition. I consent to the care recommended by my chiropractor and extend this consent to include all doctors of this Chiropractic & Wellness Center. This consent applies to all present and future care for me and my family.

Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent {for Minor} \_\_\_\_\_ Date \_\_\_\_\_

## FINANCIAL RESPONSIBILITY



### Family First Chiropractic & Wellness

In return for services rendered to me by Family First Chiropractic & Wellness, I promise to pay in accordance with bills or invoices presented. If I participate in a health benefit plan, I acknowledge financial responsibility in accordance with the terms of the plan for any services rendered that my plan may exclude from payment for any reason.

**Assignment of Benefits** – I understand that Family First Chiropractic and Wellness Center is not a provider for my insurance company or any insurance company. I understand that benefits I may try to claim from my insurance company for services rendered at this Wellness Center quoted from my insurance carrier are only an estimate and not a guarantee of payment.

**Medicare** – I acknowledge that Family First Chiropractic & Wellness is NOT a Medicare Provider and DOES NOT accept Medicare Benefits.

#### **Release of Medical Information and Records**

By signing below I authorize Family First Chiropractic & Wellness to release all medical information and/or records requested by my insurance company or any referring doctor. By signing below I also authorize Family First Chiropractic & Wellness to use or disclose my personal health information for the purpose of carrying out treatment, obtaining payment, evaluating the quality of service provided and any administrative operations related to treatment or payment.

#### **Acknowledgment of Privacy Practices**

I acknowledge that I have received, reviewed, understand and agree to the Notice of Privacy Practices of Family First Chiropractic & Wellness, which describes the Practice's policies and procedures regarding the use and disclosure of any of my Protected Health Information created, received or maintained by the Practice.

**I have read and fully understand the above statements and I authorize trained and licensed personnel to administer treatment as deemed necessary.**

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Signature of Patient (or legal Guardian)

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Date